PRODUCT NAME	14 ALLERGENS														NUTRITION FACTS (PER SERVING) TYPICAL VALUES										NUTRITION FACTS (PER 100G OR 100ML) TYPICAL VALUES								
	Milk	Sulfites	Cereals & Gluten	Mollusc	Celery	Soya	Eggs	Fish	Lupine	Shellfish	Mustard	Nut	Peanuts	Sesame seeds	Per Serving Portion	Energy (kJ)	Energy (kcal)	Total Fat (g)	Of Which Saturates (g)	Carbohydrates (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Energy (kJ)	Energy (kcal)	Total Fat (g)	Of Which Saturates (g)	Carbohydrates (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Flour Tortilla (Burrito)			X												1 Ea (95 g)	1243	297	8.8	0.7	49.2	1.8	4.4	7.9	1.50	1308	313	9.3	0.7	51.8	1.9	4.6	8.3	1.58
Flour Tortilla (Taco)			X												3 Ea (75 g)	1004	240	7.5	0.5	39.0	1.0	2.8	6.0	0.50	1339	320	10.0	0.7	52.0	1.3	3.7	8.0	0.67
Hard Shell Taco (Crispy Corn Taco)															3 Ea (48 g)	741	177	9.2	0.7	23.0	0.5	0	2.0	0.55	1543	369	19.1	1.5	47.9	1.1	0	4.1	1.15
Coriander-Lime White Rice															113 g	774	185	2.0	0.5	41.5	0.1	1.2	4.1	1.20	685	164	1.8	0.4	36.7	0.1	1.1	3.6	1.06
Coriander-Lime Brown Rice															113 g	774	185	1.7	0.4	32.8	0.1	2.3	3.8	1.10	685	164	1.5	0.4	29.0	0.1	2.0	3.4	0.97
Black Beans															113 g	397	95	2.4	1.0	4.9	0.9	8.6	7.2	0.50	352	84	2.1	0.9	4.3	0.8	7.6	6.4	0.44
Pinto Beans															113 g	397	95	0.6	0.2	6.2	0.1	11.2	6.7	0.50	352	84	0.5	0.2	5.5	0.1	9.9	5.9	0.44
Fajita Vegetables															57 g	88	21	1.1	0.1	2.1	1.4	0.6	0.4	0.40	154	37	1.9	0.2	3.7	2.5	1.1	0.7	0.70
Barbacoa															113 g	644	154	3.8	1.3	1.0	0.1	0.8	29.7	0.30	570	136	3.4	1.2	0.9	0.1	0.7	26.3	0.27
Chicken															113 g	774	185	8.4	2.4	1.0	0.1	1.0	27.3	2.20	685	164	7.4	2.1	0.9	0.1	0.9	24.2	1.95
Carnitas															113 g	879	210	11.9	3.9	1.0	0.1	1.0	25.8	2.00	778	186	10.5	3.5	0.9	0.1	0.9	22.8	1.77
Steak															113 g	690	165	5.5	1.9	1.0	0.2	1.0	28.8	2.10	611	146	4.9	1.7	0.9	0.2	0.9	25.5	1.86
Sofritas (braised tofu)						X									113 g	351	84	4.6	0.7	3.0	2.2	1.2	7.0	1.00	311	74	4.1	0.6	2.7	1.9	1.1	6.2	0.88
Fresh Tomato Salsa															113 g	63	15	0.5	0.1	1.1	1.5	1.2	0.8	0.20	56	13	0.4	0.1	1.0	1.3	1.1	0.7	0.18
Chilli-Corn Salsa															113 g	159	38	0.8	0.2	5.9	0.9	1.3	1.3	0.40	141	34	0.7	0.2	5.2	0.8	1.2	1.2	0.35
Roasted Tomato Green-Chilli Salsa															59 g	25	6	0.1	0.1	1.0	0.9	0.4	0.3	0.30	43	10	0.2	0.17	1.7	1.5	0.7	0.5	0.51
Roasted Tomato Red-Chilli Salsa															59 g	38	9	0.3	0.1	1.4	0.7	0.2	0.3	0.70	64	15	0.5	0.17	2.4	1.2	0.3	0.5	1.19
Monterey Jack Cheese	X														28 g	393	94	7.8	4.8	0.1	0	0	5.8	0.50	1405	336	27.9	17.1	0.4	0	0	20.7	1.79
Sour Cream	X														57 g	188	45	3.9	2.7	1.4	1.1	0.5	0.9	0.10	330	79	6.8	4.7	2.5	1.9	0.88	1.6	0.18
Guacamole (topping/side)															113 g	607	145	13.5	2.8	2.8	0.8	3.3	1.5	0.70	537	128	12	2.5	2.5	0.7	2.9	1.3	0.62
Guacamole (large)															226 g	1213	290	27	5.6	5.6	1.6	6.6	3	1.40									
Romaine Lettuce (salad/topping)															85 g	63	15	0	0	0	1.1	0	0	0.00	74	18	0	0	0	1.3	0	0	0
															28 g	17	4	0	0	0	0.3	0	0	0.00									
Chips (regular)															113 g	1745	417	21.6	1.7	54.1	1.2	0	4.6	1.30	1544	369	19.1	1.5	47.9	1.1	0	4.1	1.15
Chips (large)															170 g	2623	627	32.5	2.6	81	1.8	0	6.9	1.96									
Chips (Kids)															40g	619	148	7.6	0.6	19.2	0.4	0	1.6	0.46									
Chipotle Honey Vinaigrette															59 ml	1084	259	22.9	2.4	13.1	6.2	0.5	0.2	2.90	1837	439	38.8	4.1	22.2	10.5	0.8	0.3	4.92
Super Greens															85 g	63	15	0.3	0.0	2.9	0.9	1.8	1.2	0.03	75	18	0.3	0.0	3.4	1.1	2.1	1.4	0.03
Queso Blanco	X														55 g	414	99	8.2	5.5	2.8	0.8	0.2	3.5	0.63	753	180	14.9	10.0	6.5	1.6	0.5	5.2	1.25
Limited Time Offer																																	
Chicken Al Pastor (LTO)															113 g	866	207	9.7	2.1	7.0	5.0	0.8	22.6	0.6	766	183	8.6	1.9	6.2	4.4	0.7	20.0	0.5
Chipotle Honey Chicken (LTO)															113 g	690	165	9.3	2.6	4.2	3.4	0.2	15.9	0.5	611	146	8.2	2.3	3.7	3.0	0.2	14.1	0.4
Pollo Asado (LTO)															113 g	860	206	10.2	2.6	2.9	0.6	0.2	25.3	0.5	761	182	9.0	2.3	2.6	0.5	0.2	22.4	0.5
Fountain Drinks																																	
Coca Cola															16 oz (450 ml)	795	190	0.0	0.0	48.0	48.0	0.0	0.0	0.00	176	42	0.0	0.0	10.6	10.6	0.0	0.0	0.00
															20 oz (565 ml)	987	236	0.0	0.0	60.0	60.0	0.0	0.0	0.00									
Diet Coke															16 oz (450 ml)	8	2	0.0	0.0	0.0	0.0	0.0	0.0	0.00	2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.00
															20 oz (565 ml)	13	3	0.0	0.0	0.0	0.0	0.0	0.0	0.00									
Coke Zero															16 oz (450 ml)	5	1	0.0	0.0	0.0	0.0	0.0	0.0	0.04	1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.01
															20 oz (565 ml)	7	2	0.0	0.0	0.0	0.0	0.0	0.0	0.05									
Sprite Zero															16 oz (450 ml)	19	5	0.0	0.0	0.0	0.0	0.0	0.0	0.13	4	1	0.0	0.0	0.0	0.0	0.0	0.0	0.03
															20 oz (565 ml)	23	6	0.0	0.0	0.0	0.0	0.0	0.0	0.17									
Dr Pepper Zero															16 oz (450 ml)	38	9	0.0	0.0	0.0	0.0	0.0	0.0	0.04	8	2	0.0	0.0	0.0	0.0	0.0	0.0	0.01
															20 oz (565 ml)	47	11	0.0	0.0	0.0	0.0	0.0	0.0	0.05									
Fanta Orange Zero															16 oz (450 ml)	57	14	0.0	0.0	1.8	1.8	1.8	0.0	0.04	13	3	0.0	0.0	0.0	0.4	0.4	0.0	0.01
															20 oz (565 ml)	71	17	0.0	0.0	2.2	2.2	2.2	0.0	0.05									
Tractor Drinks																																	
Watermelon Mint (Reduced Sugar)															16 oz (450 ml)	257	62	0.0	0.0	14.1	13.7	0.4	0.0	0.0	54	13	0.0	0.0	3.0	2.9	0.1	0.0	0.0
															20 oz (565 ml)	321	77	0.0	0.0	17.7	17.1	0.5	0.0	0.0									
Mandarin															16 oz (450 ml)	79	19	0.0	0.0	4.2	4.2	0.0	0.0	0.0	16	4	0.0	0.0	0.9	0.9	0.0	0.0	0.0
															20 oz (565 ml)	99	24	0.0	0.0	5.3	5.3	0.0	0.0	0.0									
Berry															16 oz (450 ml)	79	19	0.0	0.0	4.2	4.2	0.0	0.0	0.0	17	4	0.0	0.0	0.9	0.9	0.0	0.0	0.0
															20 oz (565 ml)	99	24	0.0	0.0	5.3	5.3	0.0	0.0	0.0									
Lemonade															16 oz (450 ml)	79	19	0.0	0.0	4.2	4.2	0.5	0.0	0.0	17	4	0.0	0.0	0.9	0.9	0.1	0.0	0.0
															20 oz (565 ml)	99	24	0.0	0.0	5.3	5.3	0.6	0.0	0.0									

Nutritional information is provided per serving. Typical values per serving; portion sizes and ingredients may vary slightly.
Adults need around 2000 kcal a day.

Allergens are marked as a cross X including cereals containing gluten. Our food is prepared in open-plan kitchens where multiple allergens are present; therefore, we cannot guarantee any item is free from specific ingredients or allergens.

If you have a food allergy or intolerance, please speak to a member of the team before ordering.

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